

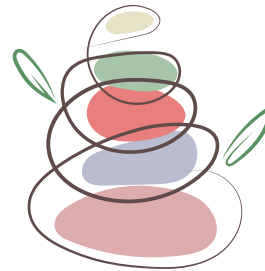
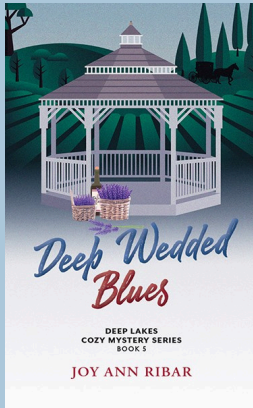


May 2024 Newsletter

Author Talk: Joy Ann Ribar

Wed., May 22 at 7p

Join us for a talk and book signing with Joy Ann Ribar, author of The Deep Lakes Mystery Series and The Bay Browning Mysteries.



Learn EFT Tapping Saturday, May 11 at 9:30am

Free one-hour workshop to Learn EFT (Emotional Freedom Technique), otherwise known as Tapping, to reduce stress and anxiety with Unfolding Wisdom, LLC practitioner Leah Griffith Boyce, CAM. For nearly 25 years, Boyce has used EFT to transform life's challenges for her, her family, friends, clients, and even an occasional stranger in distress! It is a well-studied and scientifically verified self-help modality that is a powerful, easy, and drug-free way to heal the mind and body. It reduces stress by lowering blood pressure, heart rate and cortisol levels by tapping specific acupressure points along the body. Learn it for free, so you can use it in your everyday life!

Library Trivia

Tuesday, May 14 at 7p

Are you up for the challenge? Come by yourself or bring a team of up to 4 teens or adults to see if you can beat the Spring Green Community Library's Trivia. Themes will change with each session. Bragging rights to the winners!



Kids

All Ages Storytime

Wed., May 1, 8, 15, and 22 at 10:30a

Throughout the month of May, we'll be sharing books, songs, and activities about GROWTH: Growing plants, blooming flowers, growing children! All ages welcome.



Art Club: Art in Bloom

Wed., May 15 at 3:30p

Celebrate spring by creating artwork inspired by plants and flowers! We'll explore this theme through your choice of a wide variety of styles and materials.
Ages 10-18. Registration required!

Kids



Tea Party with Animals

Tues., May 21 at 10:30a

Bring your favorite stuffed animal, doll or other toy friend. Help make some yummy treats (both edible and pretend!) and enjoy a tea party with friends! Feel free to come and go any time between 10:30 and noon!



Homeschool Hangout

Mon., May 13 at 1:00p

Join other area homeschoolers for a fun morning of play and learning as we explore spring through some seasonal activities.

May Calendar

- 1 - All Ages Storytime (10:30a)
- 2 - Tech Drop-in (2p)
- 4 - Friends of the Library Book Collection (10a)
- Mindfulness: Discussion and Practice (10a)
- 6 - Library Board Meeting (5p)
- 7 - Yarn Rocks! (5p)
- 8 - All Ages Storytime (10:30a)
- 11 - Learn EFT Tapping (9:30a)
- 13 - Homeschool Hangout (1p)
- 14 - Library Trivia (7p)
- 15 - All Ages Storytime (10:30a)
- Art Club: Art in Bloom (3:30p)
- 21 - Tea Party with the Animals (10:30a)
- Yarn Rocks! (5p)
- 22 - All Ages Storytime (10:30a)
- Book Discussion (2p)
- Author Talk: Joy Ann Ribar (7p)
- 27 - Library Closed for Memorial Day

**230 E. Monroe St.
Spring Green, WI 53588**

Hours:

Monday-Thursday 10a - 7p

Friday 10a - 5p

Saturday 10a - 1p

Main: 608-588-2276

Website: springgreenlibrary.org

Contact us via email:

ewhitmore@springgreenlibrary.org

 **facebook.com/sglibrary**



Adult

Tech Drop-in

Thursday, May 2 at 2pm

Are you struggling with your smartphone, tablet, or laptop? Individuals can drop by for assistance with their tech-related questions—all without needing an appointment. Whether you're grappling with setting up email accounts, navigating social media platforms, or troubleshooting software issues, knowledgeable volunteers or library staff will be on hand to lend a helping hand.

Mindfulness: Discussion and Practice

Saturday, May 4 at 10a

Our meetings will include discussions and short mindfulness exercises/practices. This meeting will be held outside at the Library. Bring a chair or comfortable seat for the session.

Yarn Rocks!

Tuesday, May 7 and 21 at 5p



Come to the Library on the first and third Tuesday of the month to meet fellow knitters in the community: come for help (beginner to mid-level knitting help available); come to learn new skills or brush up on current skills; come to get out of the house for a few hours. Join us when you can.

Book Discussion



Wed., May 22 at 2p

For May and June, we are doing something a bit different. In May, we will be watching the movie of the book we read in April: "The Wonder" (R, 1hr 48min, 2022). And then in June, we will meet to discuss "Fellowship Point" by Alice Elliott Dark. Copies of this book are already available at the Library.

